



BRITAIN'S
HEALTHIEST
WORKPLACE

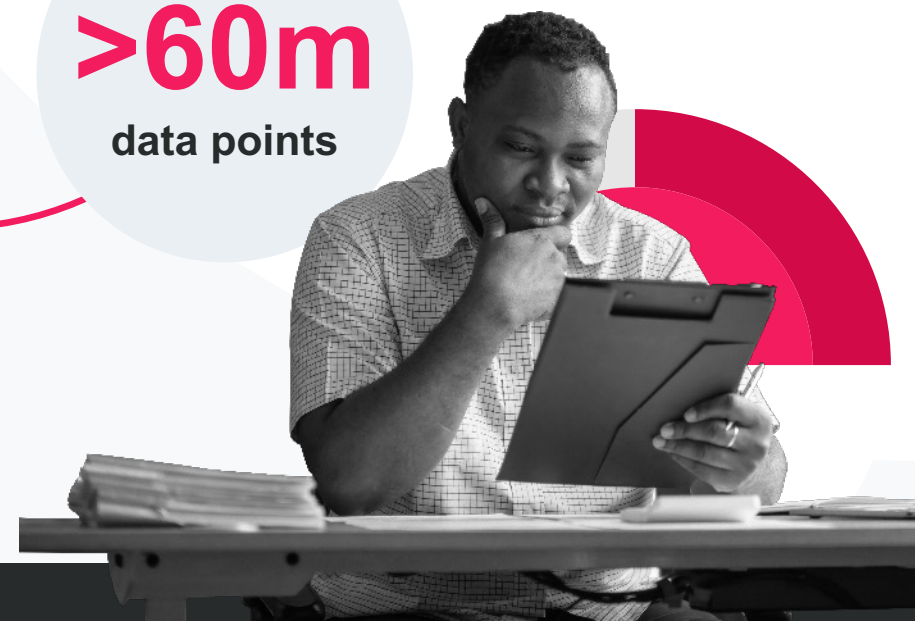



Designed to **support**
organisations with a desire
to understand and invest in
the **health of their employees**



Running for over 10 years:

The largest wellbeing survey in the UK





**Supported by our
advisory board with
experts across
wellbeing and academia**

Professor Dame Carol Black

Principal of Newnham College,

University of Cambridge

Expert Advisor to Department of Health

*Chair of NHSE/I Health and Wellbeing
Advisory Group on employee health*



Department
of Health



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3 main areas of insight gathering within the survey:



Work Environment

- Workplace Interventions
- Diversity and inclusivity
- Leadership
- Culture
- Health as a measure of success



Employee Health

- Physical health
- Mental health
- Lifestyle
- Financial wellbeing
- Musculoskeletal health

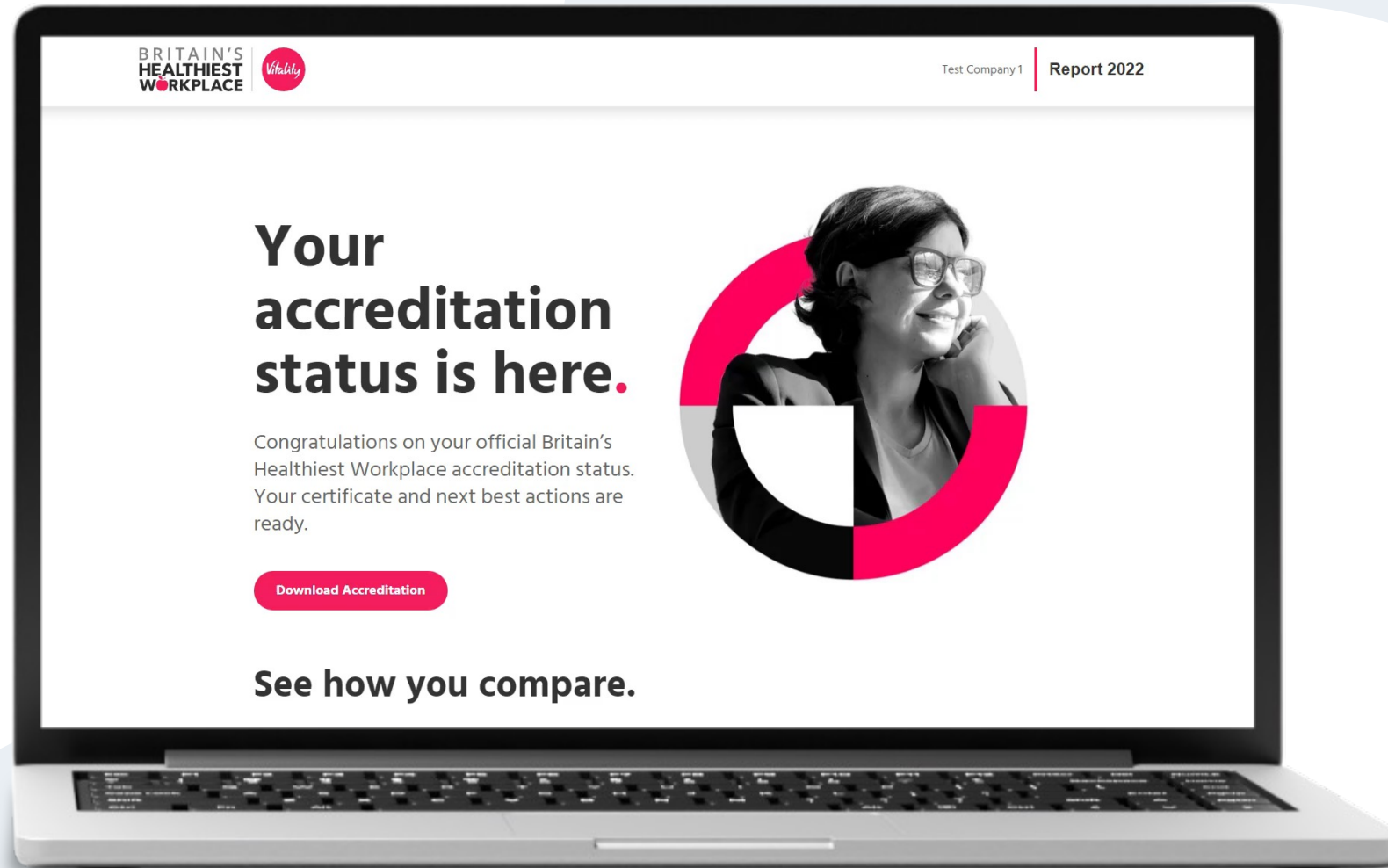


Business Outcomes

- Productivity
- eNPS
- Burnout and fatigue
- Job satisfaction

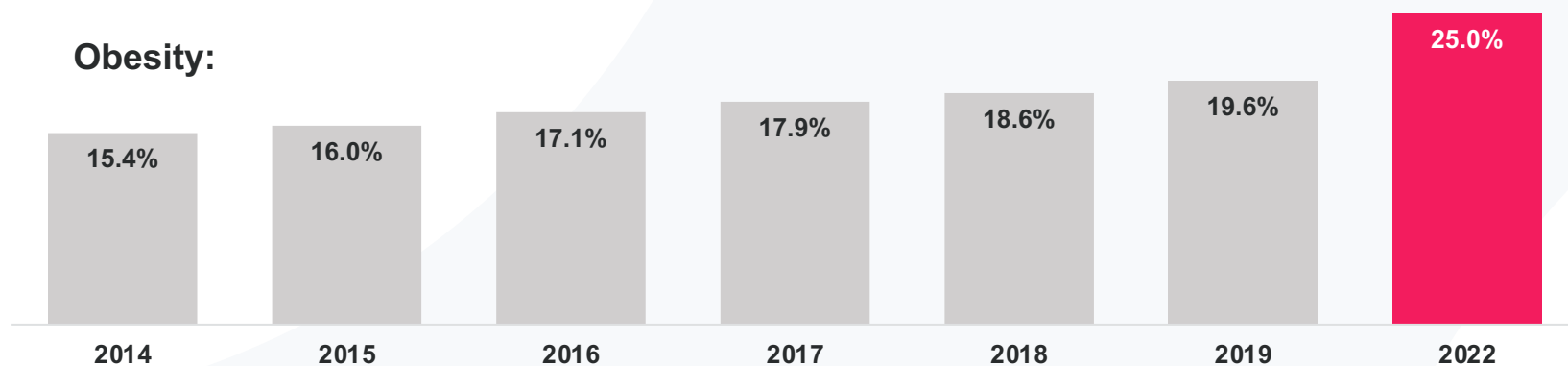
Online access to all personalised reports

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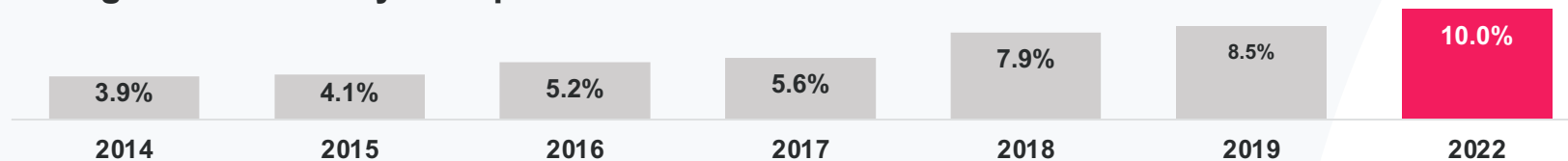


The health of employees is getting progressively worse

Obesity:

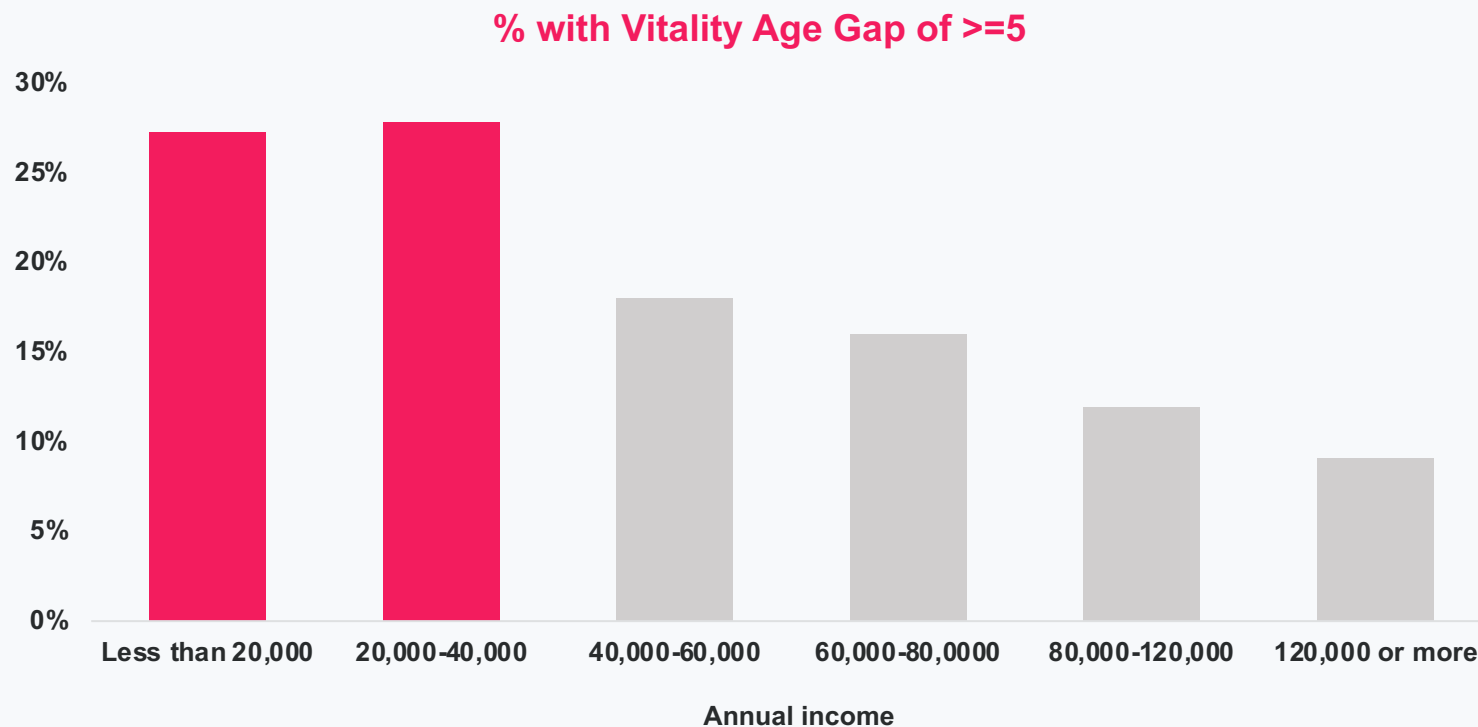


High risk of anxiety or depression:



There is a clear correlation between health and wealth

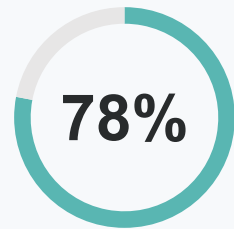
Lower-earning employees are in the worst state of health.



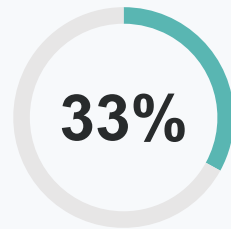
271%

Higher likelihood
of anxiety or
depression

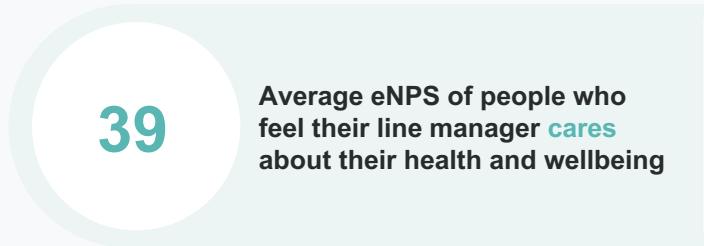
The impact of line managers



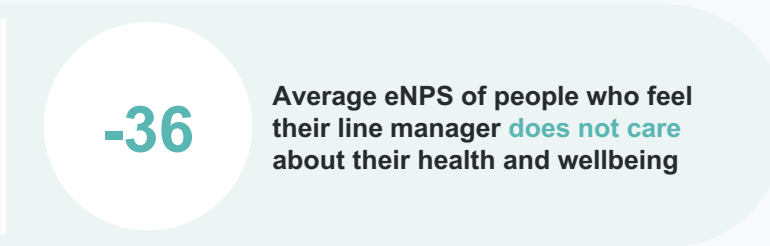
My line manager **cares** about my health and wellbeing



I think that my employer should play a **more active role** in helping me to maintain my health and wellbeing



Average eNPS of people who feel their line manager **cares** about their health and wellbeing



Average eNPS of people who feel their line manager **does not care** about their health and wellbeing



The importance of supporting line managers

It is important to put focus to ensure the line manager is not suffering burnout:

Manager / Non-manager %

Not Supervisor 18.7%

Manager 24.1%

Executive 18.1%

*Burnout - a state of emotional, physical, and mental exhaustion caused by excessive and prolonged stress

