



Working in Partnership

Building Mental Health in Construction





Who are the Tier 1



HSLGCOVID-19 a group of likeminded H&S Directors formed a group to figure out how to tackle the pandemic.

- The group supported the production of the CLC's Site Operating Procedures providing industry guidance on how to manage COVID-19.
- The group was informally known as the Tier 1 H&S Leadership Group.
- Since forming, the group have remained together and have worked on various subjects to improve HS&W in the construction industry.
- The group works closely with the HSE, CLC, Build UK and other key industry stakeholders.





We know we need to do more to support our Whilst we have made progress in raising awareness and providing more

reactive support for individuals it hasn't improved our statistics.

We need to maintain our focus on supporting individuals, but critically, target reducing the root causes.



Hierarchy of Controls



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Our vision: To create *systemic and sustainable change* to promote great mental health. Our industry is complex, dynamic and unique. There are some industry attributes that

Our industry is complex, dynamic and unique. There are some industry attributes that may impact mental health and we want to change and some we may want to support more effectively. Let's identify those we want to change and add more support for those we that need it.

Industry attributes we may want to target for change: Connection to leadership and clients Payment Local employment Employment terms

Attributes that we may be able to *support more effectively*:

Dynamic workforce Environment exposed to the elements Working away from home Industry diversity (i.e neuro-diversity)



Timeline

High level survey on mental health models in the workplace Sub-group for KPI & process Industry press release Engagement of academics, HCLG, CLC & HSE

Apply for academic funding and ethics approval

Request to University of Warwick ethics approval to proceed with focus group/evaluation

University of Warwick discussions for focus group plan Feedback to Tier 1 group and agree next steps for strategic industry change

Outline proposal to Tier 1 H&S leadership group re: collaboration to deliver strategic industry change Discussions commence with DoH regarding link with Suicide Prevention Strategy Focus Groups ongoing Evaluation of findings & compile recomme ndations in priority Campaign findings and commit to action



We need to ensure we gain broad insight

- Global evidence base Academic research
- Focus group research early insights
- Case studies National Grid Wellbeing Hub



7 Dimensions of Support



Our plan is to....

- 1) Invest in quantitative analysis (led by the University of Warwick) to ask our people what will help.
- 2) Review broader qualitative research and identify SYSTEMIC CAUSES
- 3) Build learning into industry guidance
- 4) Engage on solutions with clients, client agents and contractors
- 5) Identify solutions we can promote to government with an industry voice via the Construction Leadership Council





Let's talk.



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Be a mate. Be the change.

