

## THE WORKPLACE ECOSYSTEM Supporting a neurodiverse workforce through best practice adjustments



**Dr Pablo Jeczmien** MD FRCPsych Consultant Psychiatrist & Psychotherapist



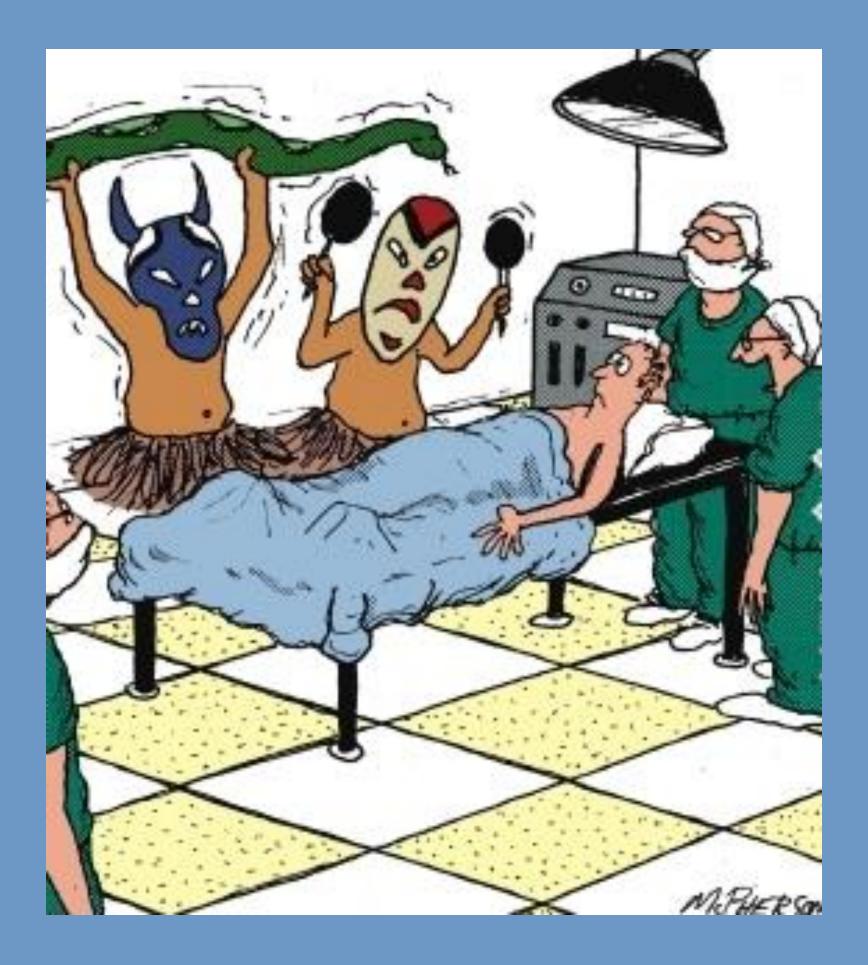
Simon Walter Executive Coach, ADHD Coach, and Mentor. Accredited in Transformative Coaching

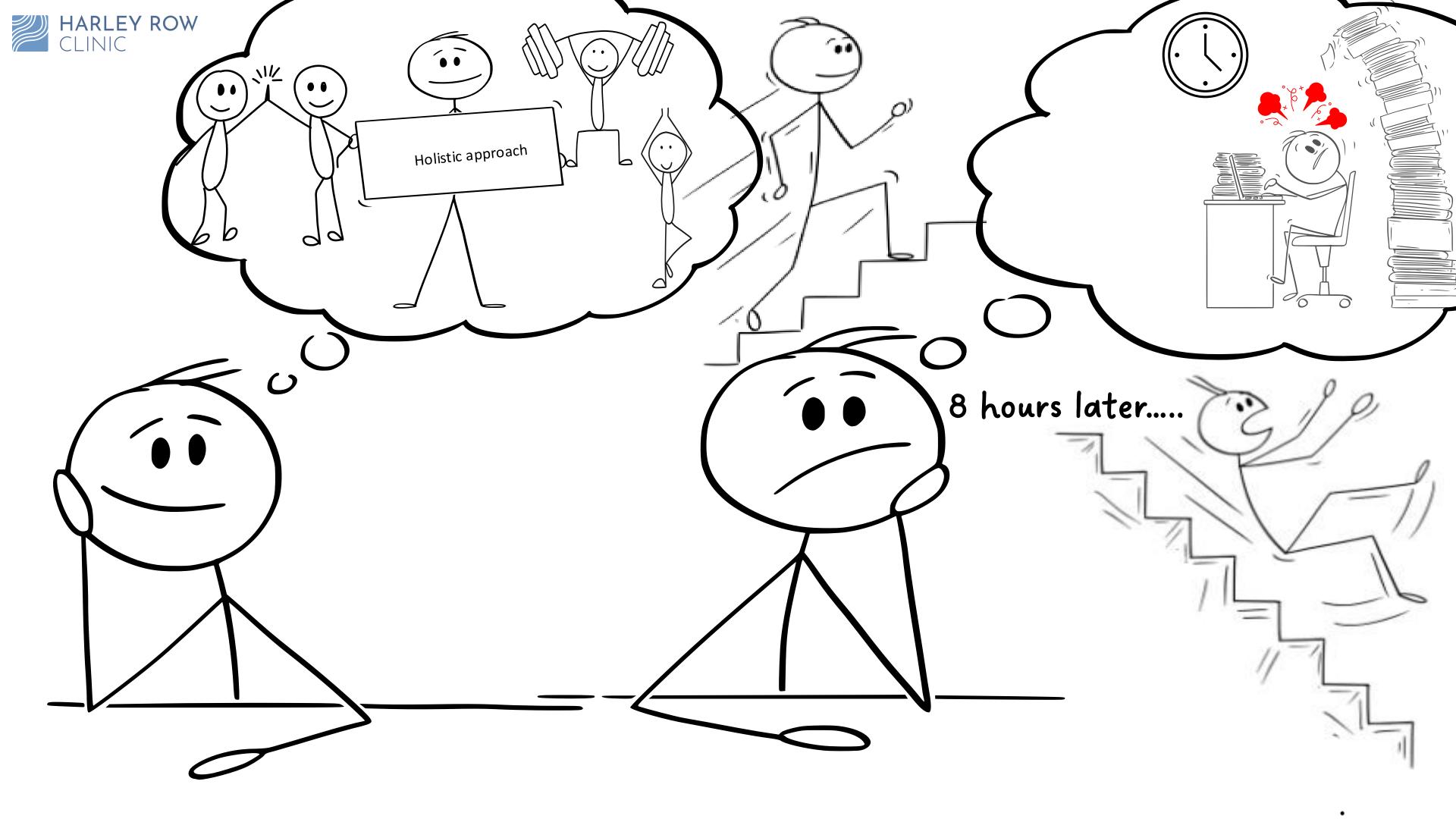


**Lucy Vallis** Chief Executive Officer at Possability People. Disability confident and workplace wellbeing specialist.



## "We are trying a more holistic approach to our surgeries"







### School



Inclusion shouldn't rely on individual goodwill. A workplace SENCO helps build structures that last — because every employee deserves to feel understood, supported, and able to thrive.

### Work?



- ✓ Champion **neuroinclusion** in policy, training, and day-to-day
- - disabled colleagues
- ✓ Help make inclusion consistent, not optional

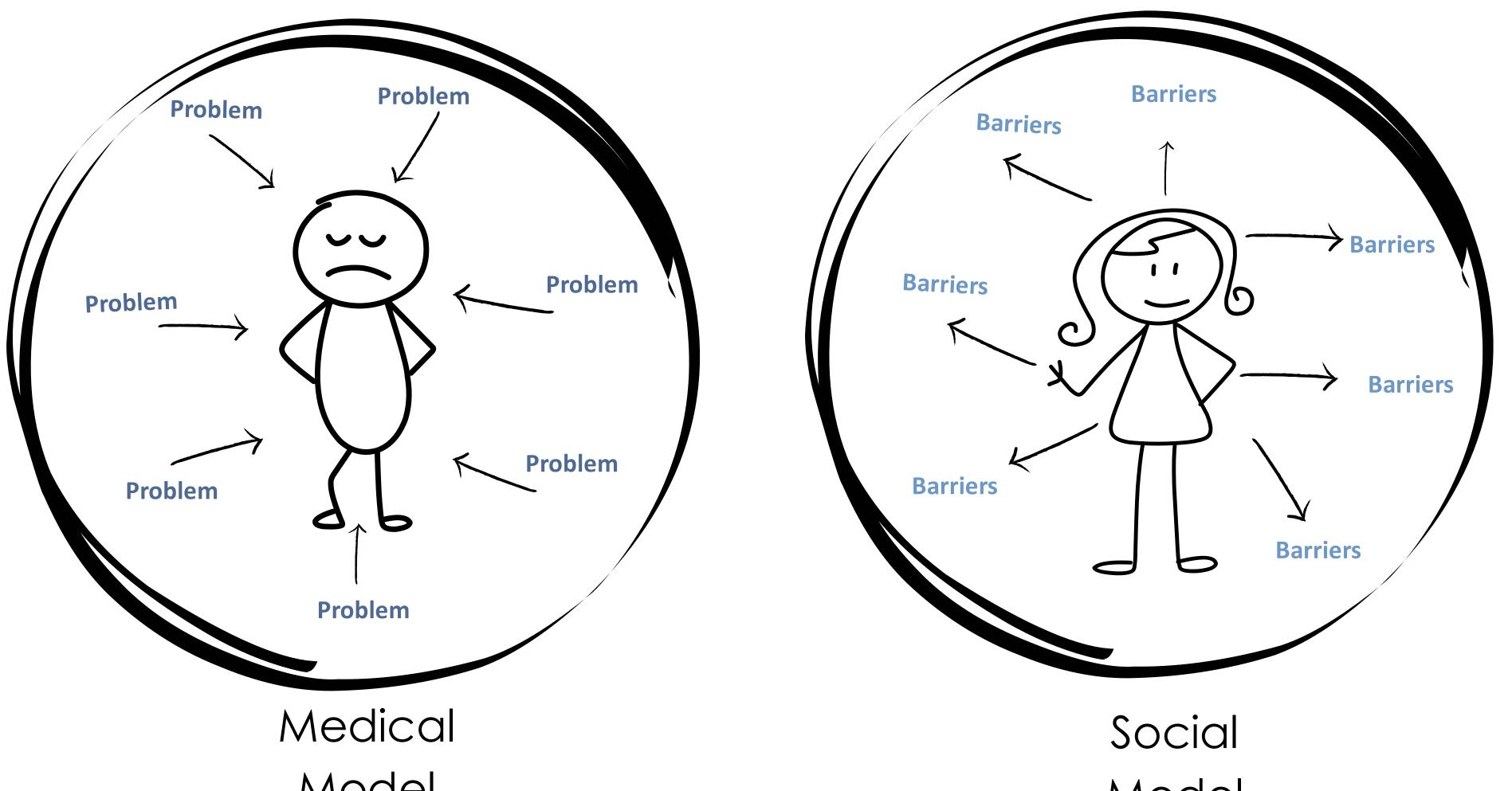
#### **SENCO Special Educational Needs** Coordinator

#### **SENCO** Support for Equity, and Neuroinclusion Champion

#### A workplace SENCO would:

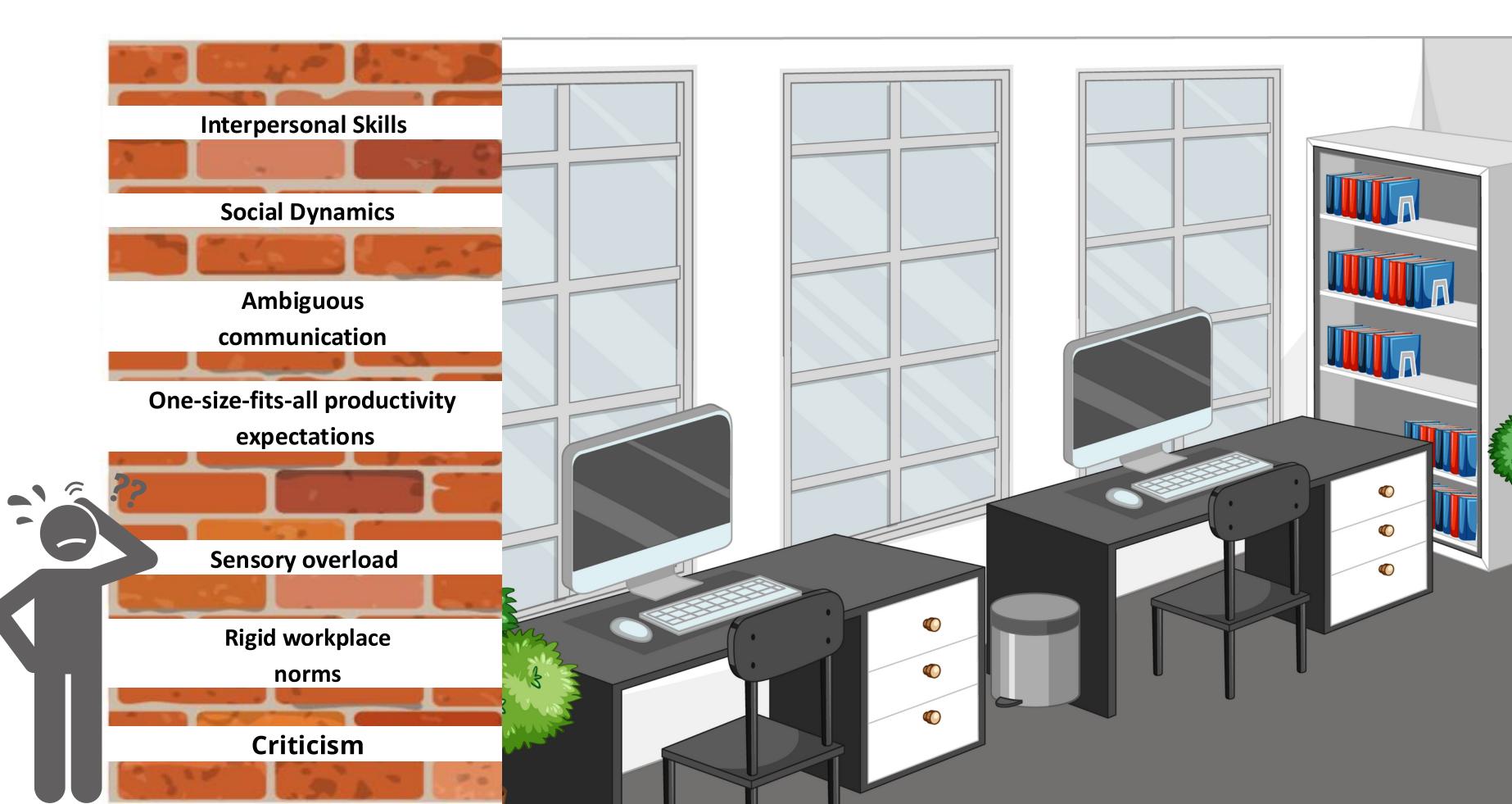
- ✓ Coordinate **reasonable adjustments** and Access to Work
  - processes
- ✓ Provide guidance to line managers
  - decision-making
- ✓ Act as a safe, informed point of contact for neurodivergent or







### What are the barriers that <u>disable</u> neurodivergent employees?





### **Fixing Barriers Means Better Workplaces for Everyone**



Unspoken Social Rules

**Clearer Expectations** 



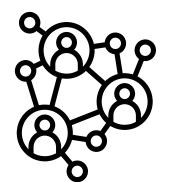
Social Communication Barriers

Accessible Feedback & Conversations



**Meeting & Collaboration Challenges** 

**Flexible Interaction Styles** 



**Networking & Office Politics** 



**Inclusive Opportunities** 



Feedback & Conflict Resolution Barriers

**Psychological Safety** 

Lack of Support



**Use Access to Work & Adjustments** 



### More inclusive culture

**Better workplaces — for** everyone

## **Boosted reputation and** employer brand

**Better communication** 

**Diverse perspectives** thrive

**Higher retention &** performance





### Fewer grievances and legal risks

### **Greater adaptability and** resilience

### **Reduced** absence and presenteeism



### Access to Work

### Get the best out of it!

| Traditional Approach                        |               |
|---|---------------|
| Employee struggles & asks for help later    | Access to     |
| Long delays for equipment & coaching        | Su            |
| Employee must navigate process alone        | HR assists, m |
| Possible employer cost for late application | 100%          |

Be Proactive - Apply up to six weeks before the start date

### **Proactive Approach**

o Work introduced at onboarding

upport in place from Day 1

naking it easier ( nominate 1 person as SENCO)

funded when applied for early

### Workplace Adjustment Passport

- Reduces the Need to Re-Explain
- Promotes Consistency
- Empowers the Employee
- Strengthens Psychological Safety
- Reduces Adjustment Delays
- Supports Line Managers
- Encourages Inclusive Culture
- Useful During Change





### What can we do for your organisation?

We recognise that people spend up to a third of their lives at work, so sustainable wellbeing can't happen in isolation. That's why we work at the intersection of clinical expertise, workplace culture, and individual experience.



Workplace consultancy to build inclusive, psychologically safe environments

Diagnostic and treatment pathways for neurodivergent and mentally diverse employees



Holistic care — combining psychology, coaching, and functional medicine



Whether we're advising on policy, supporting a return to work, or delivering direct clinical care, we always focus on what matters most - helping people thrive at work and beyond.

# HARLEY ROW CINC

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# We are at Stand W425 – come and speak to us!

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